BAHAMAS SWIMMING FEDERATION
NATIONAL CHAMPIONSHIPS
LONG COURSE RECORDS

GIRLS 11 & 12   **June 30, 2021**

EVENT	RECORD	NAME	CITY	DATE
50 FREE	28.82	Simone Sturrup'98/SWIFT	Nassau	June 20, 2011
100 FREE	1:01.69	Zoe A Williamson'08/WAVE	Nassau	June 26, 2009
200 FREE	2:16.57	Salene Gibson'06/AAC	Nassau	June 24, 2017
400 FREE	4:50.13	Arianna Vanderpool-Wallace'90/TPAC	Nassau	July 11, 2003
800 FREE	10:08.69	McKayla Lightbourn'92/SWIFT	Nassau	June 30, 2005
50 BACK	31.46	Keianna B Moss'05/MAC	Nassau	June 17, 2018
100 BACK	1:11.06	Keianna B Moss'05/MAC	Nassau	June 16, 2018
200 BACK	2:37.81	Keianna B Moss'05/MAC	Nassau	June 18, 2018
50 BREAST	36.19	Rhanishka R Gibbs'06BSC	Nassau	June 22, 2019
100 BREAST	1:21.60	Zayle-Elizabeth Thompson'04/AAC	Nassau	June 24, 2017
200 BREAST	2:54.85	Alana Dillette'87/FAC	Nassau	June 25, 2000
50 FLY	30.34	Zoe A Williamson'08/WAVE	Nassau	June 24, 2021
100 FLY	1:06.90	Zoe A Williamson'08/WAVE	Nassau	June 24, 2021
200 FLY	2:39.12	Zoe A Williamson'08/WAVE	Nassau	June 24, 2021
200 I.M.	2:36.32	Zayle-Elizabeth Thompson'04/AAC	Nassau	June 23, 2017
400 I.M.	5:42.07	Abayomi Brown'05/FAC	Nassau	June 18, 2018
RELAYS				
200 FREE	1:59.47	Victoria Russell; Arielle Adderley	Nassau	June 20, 2013
		Lauren Albury; Celia Campbell/SWIFT		
400 FREE	4:26.87	Mia Sastre, Marissa Albury	Nassau	June 16, 2018
		Jada Jimenez, Keianna Moss/MAC		
200 MEDLEY	2:15.15	Celia Campbell, Victoria Russell	Nassau	June 25, 2013
		Teshe Rolle, Arielle Adderley/SWIFT		
400 MEDLEY	5:01.60	Keianna Moss, Jada Jimenez	Nassau	June 18, 2018
		Mia Sastre, Marissa Albury/MAC		